


## **Parenting**


Parenting Coach: works closely with the parents to make parenting more fun than stress. The sessions help parents identify their parenting styles, what it would take to build better relationship with their children, how to handle the parenting stress, how to be a parent who the child will trust and look upto.

Key take aways

1. Building parenting mindset
  2. Looking at the world from kids perspective
  3. Common parenting challenges
  4. Empowering assumptions for parents
  5. Why children lie or misbehave and the resolutions
  6. Building / Re-building the connect with kids
  7. Building credibility as a parent in the eyes of the kids
  8. Building the trust factor
- Conflict management and problem solving
9. Language in parenting
  10. Creating a child's future
  11. Insights on generating new behaviour
  12. Influencing and persuading in parenting
  13. Run your parenting workshops or become a parenting coach

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